

Kimberly D. Hightower

Media Kit · Executive Leadership Consultant, Author & Public Speaker

EXECUTIVE BIOGRAPHY

Kimberly D. Hightower is an executive leadership consultant, philanthropist, author, public speaker, and Founder & CEO of Empowered Excellence Firm. She specializes in leadership development, executive coaching, and women's empowerment, helping individuals and organizations cultivate resilience, elevate performance, and achieve meaningful transformation.

Kimberly earned a Bachelor of Science in Psychology (Cum Laude) and a Master of Science in Industrial-Organizational Psychology. She is a certified NLP Practitioner, NLP Life Coach, Emotional Intelligence Coach, and Suicide Prevention Professional, and serves as a Peer Support Mentor for military families and veterans. She partners with corporations, government agencies, universities, nonprofits, and military communities to inspire resilience, empower growth, and create lasting impact.

CREDENTIALS & EXPERTISE

EDUCATION

- B.S. Psychology — Cum Laude
- M.S. Industrial-Organizational Psychology

CERTIFICATIONS

- Certified NLP Practitioner & NLP Life Coach
- Certified Emotional Intelligence Coach
- Suicide Prevention Professional

AFFILIATIONS & LEADERSHIP

- Director of Induction — National Society of Leadership & Success (NSLS)
- Member — Society for Industrial and Organizational Psychology (SIOP)
- Member — Pure Justice, Justice Reform Organization (Houston, TX)
- Peer Support Mentor — Military Families & Veterans

INTERVIEW & KEYNOTE TOPICS

- Carried: Leading Through Every Season
 - The Empowered Woman
 - Emotional Intelligence at the Top
 - High-Performance Under Pressure
 - Culture That Retains
 - From Trauma to Triumph
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Booking & Inquiries: hello@empoweredexcellence.org · empoweredexcellence.org